The Colombo Plan was started in 1951 by the Commonwealth of Nations so that developed countries of the Commonwealth could help the less developed ones. The Australian Government also promoted the Plan to improve its relationships with Asian countries and dispel negative impressions caused by the White Australia Policy. Later, many non-Commonwealth countries joined the Plan. The six countries supplying aid to 20 developing countries were Australia, New Zealand, Canada, Britain, Japan and the United States. The countries that received aid included Bangladesh, India, Indonesia, Laos, Malaysia, Pakistan and Thailand. The rich countries provided grants and loans to help the other countries develop their industry and agriculture. In 1983 Australia gave $59 million in aid to support the Colombo Plan. Students from developing countries were brought to Australia to study. When they had finished their studies they returned to use the skills and knowledge they had acquired to help their own people. In 1986 there were 3500 foreign students and trainees whose studies and living costs were paid for by the Australian government.